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Objects help when you connect them to the math

SELECTED-SOURCE PARENT SYNTHESIS · OCTOBER 10, 2026

Show it. Name it. Try it together.

Making something is an opportunity for a math conversation—not evidence that learning has occurred. Choose one idea, demonstrate it clearly, and ask the learner to show what the objects mean.

A small routine for the next project

1. **Choose one goal:** “Count each card once and say how many.” Do not add measuring and patterns before the first goal is manageable.
2. **Model:** move three cards one at a time, saying “one, two, three; three altogether.”
3. **Connect:** draw three boxes and point between the cards, drawing and numeral 3. Explain what the symbol stands for.
4. **Try together, then invite a new example:** offer four cards, keep supports available and note the help used. A new example is a conversation, not a formal assessment.

What the evidence supports

Frye and colleagues’ 2013 IES/WWC guide [1] recommends a developmental progression in early number and operations, including one-to-one counting and using the final number word for the total. It addresses ages 3–6, not all ages. Its number/operations recommendation has **moderate evidence**; its geometry/patterns/measurement and progress-monitoring recommendations have **minimal evidence**. Minimal does not mean disproven; it means the panel lacked a sufficient body of research demonstrating the recommendation’s positive effect.

Fuchs and colleagues’ 2021 elementary intervention guide [2] recommends systematic instruction, concise math language, well-chosen concrete and drawn representations, number lines and deliberate word-problem instruction. These are not a claim that any hands-on craft teaches math. The guide also recommends timed activities as one fluency option; our untimed project format is a design choice, not proof that all timed practice is harmful.

A difficulty is a clue, not a diagnosis

Similar-looking struggles can have different causes and can coexist. These distinctions help choose support; they cannot identify a condition from a home activity.

Dyscalculia

Persistent, substantial difficulty with number and arithmetic warrants more than a project checklist. Haberstroh and Schulte-Körne's 2019 guideline review [3] says diagnosis requires mathematical performance considered alongside history, testing, clinical examination and psychosocial assessment. It emphasizes instruction targeting specific mathematical difficulties and notes gaps in evidence and suitable programs for older adolescents and adults. Our materials do not diagnose or treat dyscalculia.

Math anxiety

Worry or tension around math is not the same as dyscalculia. Passolunghi and colleagues [4] compared 32 high- and 34 low-math-anxiety students in grades 6–8, from an Italian screening sample aged 11–13. The high-anxiety group scored lower on several math and memory measures. This was an observational comparison, not an intervention; learning disabilities were excluded. It cannot establish that anxiety caused the differences or that our activities reduce anxiety.

Attention, working memory, reading and language

Losing a multi-step instruction is different from not understanding a quantity; difficulty decoding a written problem is different from not knowing an operation. Neither observation establishes ADHD, a memory disorder, dyslexia, a language disorder or dyscalculia. These needs can overlap. Try one spoken step with a visible model and ask the learner to show the meaning of a word such as "equal." Treat the result as an observation, not a label.

Access support versus skill instruction

Access: read directions aloud, let the learner point, keep a step card visible, or record their explanation. A calculator can support planning when arithmetic is not the target.

Instruction: explicitly teach the chosen math idea, connect its representations, give guided practice and feedback. A calculator answer does not demonstrate independent arithmetic; an oral explanation can still demonstrate reasoning. Record the help used.

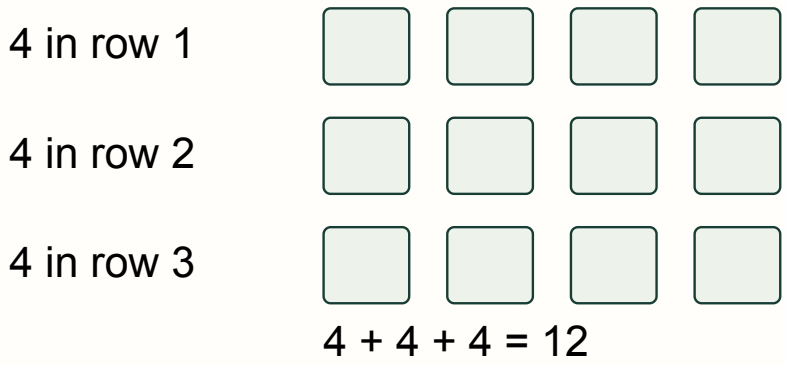
If difficulty persists or causes distress, discuss your observations with the child's teacher or a qualified professional. Do not withhold existing school supports while trying a project.

When an answer does not match the model

Parent feedback routine: invite an explanation, identify one mismatch, show the connection, then try a new example. Do not infer a diagnosis or carelessness from a wrong answer.

Worked teaching example: equal groups

Use this only when counting small collections is comfortable. With an adult, draw three rows of four squares on paper. No tools or small loose pieces are needed. Goal: connect equal groups to a total—not speed or memorized facts.



1. **Listen:** if a learner says “7,” ask “Show me how you counted.” The answer alone does not tell you why. This is an invented example, not a child’s observation.
2. **Clarify:** if they explain “3 + 4,” say “Three counts the rows; four counts squares in each row. We need all the squares.” Point to and count each row: 4, 8, 12. Connect this to 4 + 4 + 4 = 12 and 3 × 4 = 12.
3. **Try together:** ask “Where is each four in the drawing?” If the connection remains unclear, model it again or return to two smaller equal groups; do not repeat “try harder.”
4. **Invite a fresh example:** draw two rows of five. Ask for the total and an explanation before offering a math hint. Answer: 5 + 5 = 10; 2 × 5 = 10. One correct answer is not proof of lasting learning.

Keep access supports: allow pointing, read the prompt aloud or write the learner’s words. Reducing a teaching hint is not a reason to remove an agreed accommodation. Note the example and whether you modeled, prompted or only recorded their explanation. Revisit later; pause if the learner is distressed.

Evidence and limits [2]: Fuchs and colleagues (2021), recommendation 1, pp. 5–9, recommends accessible numbers, visual/verbal supports, explanations and immediate feedback. Its **strong evidence** rating covers systematic instruction across 43 studies, often bundles of practices; it does not isolate this routine. Evidence includes kindergarten–grade 6 students with or at risk for math difficulties, not a dyscalculia-only sample. This original home adaptation is untested, not a complete intervention curriculum or evidence for teen outcomes.

Sources, scope and honest limits

This is original parent-friendly writing based on four selected sources, not an original experiment, exhaustive search, systematic review or clinical guidance. Sources were checked October 10, 2026. The teaching routine, project and observation sheet are editorial applications that have not been tested for learning gains.

1. **Frye, D., Baroody, A. J., Burchinal, M., Carver, S. M., Jordan, N. C., & McDowell, J. (2013).** *Teaching Math to Young Children* (NCEE 2014-4005). IES/WWC. Official guide and PDF. Full text checked: scope ages 3–6; evidence table p. 11; counting pp. 16–20; recommendation 2 and recommendation 3. Classroom-focused synthesis, not a trial of home project packs.
2. **Fuchs, L. S., et al. (2021).** *Assisting Students Struggling with Mathematics: Intervention in the Elementary Grades* (WWC 2021006). IES/WWC. Official guide and PDF. Full text and six recommendations checked; feedback routine draws on recommendation 1, pp. 5–9 (strong evidence for the broader recommendation, not the home routine). The systematic-instruction evidence summary includes students with or at risk for math difficulties in kindergarten–grade 6. Do not treat this as direct evidence for ages 14–18 or for every diagnosis.
3. **Haberstroh, S., & Schulte-Körne, G. (2019).** *The Diagnosis and Treatment of Dyscalculia.* Deutsches Ärzteblatt International, 116, 107–114. doi:10.3238/arztebl.2019.0107. Indexed abstract verified via Europe PMC, PMID 30905334. Guideline report drawing on systematic searches/meta-analysis, covering children through adults; not one age-specific trial. Only abstract-supported claims used; no product efficacy inferred.
4. **Passolunghi, M. C., Caviola, S., De Agostini, R., Perin, C., & Mammarella, I. C. (2016).** *Mathematics Anxiety, Working Memory, and Mathematics Performance in Secondary-School Children.* Frontiers in Psychology, 7, 42. doi:10.3389/fpsyg.2016.00042. Publisher abstract/methods/results checked. Selected groups, small sample, single national context; learning disabilities excluded. Association is not causation or evidence about dyscalculia treatment.

Teen limit: age-respectful objects, clear models and optional supports are reasonable design choices, but these selected sources do not establish the effectiveness of our teen projects. Dedicated teen evidence and project testing remain needed.

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